

CATS AQUATIC TEAM PRACTICE SCHEDULE

as of 6/5/08

April - August 2008

SPRING 1

April 16 - May 11	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
Blue	6:00-6:45pm @ VHHS	OFF	6:00-6:45pm @ VHHS	OFF	6:00-6:45pm @ VHHS	OFF
Orange	6:00-7:15pm @ VHHS	6:00-7:15pm @ VHHS	6:00-7:15pm @ VHHS	OFF	6:00-7:15pm @ VHHS	OFF
White	6:30-8:00pm @ LHS	6:30-8:00pm @ VHHS	OFF	6:30-8:00pm @ VHHS	6:30-8:00pm @ LHS	OFF
Black	6:00-7:15pm @ VHHS	7:00-8:30pm @ VHHS	6:00-7:15pm @ VHHS	7:00-8:30pm @ VHHS	6:00-7:15pm @ VHHS	OFF
Silver	6:30-8:00pm @ LHS	6:00-7:30pm @ VHHS	6:30-8:00pm @ LHS	6:00-7:30pm @ VHHS	6:30-8:00pm @ LHS	5:30-7:00am @ LHS
Green AM	5:30-6:45am @ LHS	OFF	5:30-6:45am @ LHS	5:30-6:45am @ LHS	OFF	5:30-7:00am @ VHHS
Green PM	6:30-8:30pm @ VHHS	6:30-8:30pm @ LHS	6:30-8:30pm @ VHHS	6:30-8:30pm @ LHS	6:30-8:30pm @ VHHS	OFF
Gold AM	5:30-6:45am @ LHS	OFF	5:30-6:45am @ LHS	5:30-6:45am @ LHS	OFF	5:30-7:00am @ VHHS
Gold PM	7:00-9:00pm @ VHHS	6:30-8:30pm @ LHS	7:00-9:00pm @ VHHS	6:30-8:30pm @ LHS	7:00-9:00pm @ VHHS	OFF

SPRING 2

May 12- June 7	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
Blue	5:15-6:15pm @ LHS	5:15-6:15pm @ LHS	5:15-6:15pm @ LHS	5:15-6:15pm @ LHS	OFF	OFF
Orange	6:15-7:45pm @ LHS	6:15-7:45pm @ LHS	5:15-6:45pm @ LHS	6:15-7:45pm @ LHS	OFF	OFF
White	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	OFF	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	OFF
Black	6:15-7:45pm @ LHS	6:15-7:45pm @ LHS	6:15-7:45pm @ LHS	6:15-7:45pm @ LHS	6:15-7:45pm @ LHS	OFF
Silver	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	6:30-8:00pm @ VHHS	7:00-9:00am @ LHS
Green AM	5:30-6:45am @ LHS	OFF	5:30-6:45am @ LHS	5:30-6:45am @ LHS	OFF	6:45-9:00am @ VHHS
Green PM	4:00-6:00pm @ VHHS	4:00-6:00pm @ VHHS	4:00-6:00pm @ VHHS	4:00-6:00pm @ VHHS	4:00-6:00pm @ VHHS	OFF
Gold AM	5:30-6:45am @ LHS	OFF	5:30-6:45am @ LHS	5:30-6:45am @ LHS	OFF	6:45-9:00am @ VHHS
Gold PM	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	OFF
College	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	4:00-6:30pm @ VHHS	6:45-9:00am @ VHHS

SUMMER

June 9- July 30 AM	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
Blue	OFF	OFF	OFF	OFF	OFF	OFF
Orange	OFF	OFF	OFF	OFF	OFF	OFF
White	OFF	OFF	OFF	OFF	OFF	OFF
Black	OFF	OFF	OFF	OFF	OFF	OFF
Silver	7:00-8:30am @ LHS	7:00-8:30am @ LHS	7:00-8:30am @ LHS	OFF	7:00-8:30am @ LHS	OFF
Green	6:30-8:30am @ VHHS	6:30-8:30am @ VHHS	6:30-8:30am @ VHHS	6:30-8:30am @ VHHS	6:30-8:30am @ VHHS	7:00-9:30am @ VHHS
Gold	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	7:00-10:00am @ VHHS
College	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	6:00-8:30am @ VHHS	7:00-10:00am @ VHHS

June 9 - July 30 PM

June 9 - July 30 PM	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
Blue	6:30-7:30pm @LHS	5:30-6:30pm @ VHHS	6:30-7:30pm @LHS	5:30-6:30pm @ VHHS	OFF	OFF
Orange	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	6:30-8:00pm @ LHS	OFF	OFF
White	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	OFF
Black	5:00-6:30pm @ LHS	5:00-6:30pm @ LHS	5:00-6:30pm @ LHS	5:00-6:30pm @ LHS	5:00-6:30pm @ LHS	OFF
Silver	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	6:00-7:30pm @ VHHS	OFF
Green	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	OFF	OFF
Gold	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	OFF	OFF
College	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	4:00-5:30pm @ VHHS	OFF	OFF

Green/Gold/College Dryland 5:30-6:30pm @ VH Dryland 5:30-6:30pm @ VH Dryland 5:30-6:30pm @ VH Dryland 5:30-6:30ppm @ VH